Access to Experts

Gary Strehlke
Wellbeing Navigator
Steelcase

Gary Strehlke, MS has worked in the corporate wellness field for 18 years in a variety of roles including exercise physiology, corporate wellness management, fitness management, neuroscience, and mental health. Gary taught science courses as an adjunct professor at Grand Rapids Community College. As the Steelcase Wellbeing Navigator, Gary assists employees with improving all dimensions of their wellbeing by connecting employees with a broad selection of vendors and services that will help them to improve aspects of their physical, emotional, and social health.