

Laura Hamill, Ph.D.

Chief People Officer & Chief Science Officer
Limeade

Dr. Laura Hamill leads the People Team, nurturing the company's award-winning culture of improvement while developing groundbreaking people practices and architecting employee engagement strategies for Limeade and its 100+ enterprise customers. Laura is also the founder and Chief Science Officer of the Limeade Institute, which conducts proprietary research, establishes market points of view and keeps a pulse on the latest employee well-being and engagement trends. Along with her team of Ph.D. organizational psychologists, business insights experts and data scientists, Laura works with Limeade customers to translate the Institute's research into actionable strategies and hands-on workshops to strengthen and evolve their employee engagement strategies.

A sought-after speaker and thought leader in the employee engagement field, Laura has spoken at major conferences, including the National Alliance of Healthcare Purchaser Coalitions (NAHPC) Annual Forum, the HERO Annual Forum, Seattle Start-Up Week and many more. She has also been featured in Fast Company, SELF, Seattle Magazine and a handful of top HR publications.

Laura earned her Ph.D. in industrial/organizational psychology from Old Dominion University and a B.S. in psychology from the University of North Carolina, Chapel Hill. She currently lives in Woodinville, Washington, with her husband, two children and golden retriever.