

## Access to Experts



**Tim Foster**

OBE, Olympic Rowing Gold Medallist & now Head Coach to Swiss National Rowing Squad

**"It made a huge difference to do it as a team. It is far greater than winning as an individual. I always compare it to going to see the best film ever, but going on your own. And then magnify that experience a million times. Having the team with you, makes it feel so much more special".**

Few Olympians have made the transition from athlete to coach as smoothly as Tim Foster. After achieving his goal of winning a gold medal as part of the "never to be forgotten" Coxless Four at the Sydney Olympics in 2000, Tim retired from international rowing.

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