

Natasha Rygnestad-Stahl

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Natasha Rygnestad-Stahl's practice focuses on complex securities, disclosure and corporate governance matters.

She advises clients on a wide array of public company matters, including SEC reporting requirements and disclosure matters, insider trading rules, stock exchange compliance issues, proxy statements, annual shareholders meetings, Section 16 reporting, as well as executive compensation matters. In addition to her advisory practice, she also counsels clients on capital markets transactions.

Natasha joined the firm in 2025.