



Arianna Huffington

Founder & CEO
Thrive Global

Arianna Huffington is the founder and CEO of Thrive Global, the founder of The Huffington Post, and the author of 15 books, including international bestsellers *Thrive* and *The Sleep Revolution*. In 2016, she launched Thrive Global, a behavior change technology company with the mission of improving health outcomes and productivity.

Originally from Greece, she moved to England when she was 17 and graduated from Cambridge University with an M.A. in economics. At 21, she became president of the famed debating society, the Cambridge Union. She has been named to Time Magazine's list of the world's 100 most influential people and the Forbes Most Powerful Women list.