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Jay Helmer is Vice President, Employer and Strategic Alliances at KardiaComplete, where he leads efforts to expand access to innovative cardiovascular care through employers and strategic partners. Jay brings more than 20 years of experience across healthcare and digital health, with leadership roles at organizations including Livongo, Teladoc Health, Omada Health, Pelago, and UnitedHealth Group. Throughout his career, he has focused on building strategic partnerships and bringing innovative health solutions to employers, health plans, and their populations.