



Emily Elwood

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Emily Elwood is Senior Benefits Manager at KinderCare Learning Companies, where she leads the strategy and administration of employee health, retirement, and well-being programs. With more than 13 years of experience in benefits, human resources, and healthcare, Emily is passionate about navigating the complexities of today's healthcare environment and creating programs that break down barriers, improve affordability, and help employees make more informed decisions about their care. Known for her thoughtful leadership and strategic approach, she focuses on designing meaningful benefits experiences that support both employees and organizational goals.