



## Stephanie Larson

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Stephanie Larson, PhD, is a principal of strategic research at Seramount, where she focuses on workforce change, talent strategy, and the human dimensions of organizational transformation. Her work helps leaders understand how technology and changing workplace expectations are reshaping the employee experience and the conditions people need to learn, adapt, and thrive. Before joining Seramount, Stephanie spent 15 years in higher education, most recently as a professor and researcher at Carnegie Mellon University, where she specialized in gender, labor, and organizational culture. She brings deep research expertise and a human-centered lens to helping organizations translate complex change into clear, actionable insight.