



Lori Skewes

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Lori is the Director of Employee Health and Wellness at Schwan's Company, a leading producer of many iconic high-quality frozen food brands with nearly 10,000 employees serving retail and foodservice markets nationwide. With over 20 years of HR experience, she specializes in developing strategies that support employees through complex systems, ensuring they have access to comprehensive health and wellness programs. Lori leads Schwan's benefits strategy, including wellbeing and disability programs, reinforcing her belief in the vital role of employee experience in organizational success.