

## Access to Experts



**Valerie Young, Ed.D.**

Author

"The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive in Spite of It"

Dr. Valerie Young is an internationally recognized expert on women and the impostor syndrome and a frequent guest speaker at such diverse organizations as Intel, Chrysler, UBS, Boeing, IBM, Procter & Gamble, Ernst & Young, Bristol Myers Squibb, EMC, American Women in Radio and Television, the Society of Women Engineers, Harvard, Cal Tech, Columbia, and Stanford. Valerie's career-related tips have been cited in Wall Street Journal, USA Weekend, Kiplinger's, Inc., Psychology Today, More, Science, Boston Globe, Chicago Tribune, Globe & Mail, Daily Mail, Sydney Morning Herald, Grazia (India and UK editions), Irish Independent, and elsewhere. Prior to launching her own business, Valerie was a marketing manager in a Fortune 200 company. She earned her doctoral degree in social justice education from the University of Massachusetts in Amherst. Since her book *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Impostor Syndrome and How to Thrive in Spite of It* (Crown Business/Random House) came out in October 2012 it has been translated into three languages and on day one appeared on Amazon's Women and Business top 100 list.

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