



Jeremy Martins

Benefits & Wellness Program Manager
Pacific Gas and Electric Company (PG&E)

Jeremy Martins is a seasoned wellness program manager with over 20 years of experience in health and wellness program management. At Pacific Gas and Electric Company (PG&E), Jeremy leads the strategy, design, and delivery of innovative employee health and wellness initiatives. These include the company's health screening, health coaching, and muscle and joint pain programs. He also oversees the company's Wellness Champion network, which now includes over 400 coworkers. Recognized as one of WELCOA's Top Health Promotion Professionals, Jeremy is committed to creating impactful, data-driven wellness strategies that enhance his coworkers' wellbeing and organizational outcomes.