Jennifer Brady

Director, Employee Benefits and Well-Being
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Jen is the Director of Employee Benefits and Well-Being at the University of Pennsylvania Health System (UPHS). She oversees the enterprise-wide development, implementation, integration efforts, compliance, budgeting and administration of the Employee Benefits and Well-Being and Work-Life Programs for UPHS supporting over 30,000 employees. Her role focuses on developing and executing strategies that support continued success for the effective delivery of employee benefits, recommends strategic design and implementation of system-wide benefits and wellbeing programs, always with a lens toward maintaining equitable, best in class benefits, improving employee wellbeing, attracting new talent, and retaining current staff.

Jen received her Bachelor’s degree in Exercise Science and Health Promotion, her Master’s degree in Nutrition Education, and is Registered Dietitian.