



## Carl Cincinnato

Executive Director  
Migraine At Work

Carl's personal battle with migraine began at an early age, instilling in him a deep appreciation for health. For over 30 years, this appreciation has driven his professional and personal endeavors, including working at one of the biggest health companies in the world.

Today, Carl works with charities, foundations, and organizations to help lift the global burden of migraine. His roles include Migraine At Work, Migraine World Summit, the Brain Foundation, Migraine & Headache Australia, the Coalition of Headache and Migraine Patients (CHAMP), the Global Patient Advocacy Coalition (GPAC), and the World Health Education Foundation (WHEF). As the Executive Director of Migraine at Work, Carl is also a member of the International Headache Society, serves on numerous patient boards, authors the MigrainePal.com, and founded the Migraine World Summit.

Carl is a public and passionate patient advocate for migraine. He has spoken nationally and internationally on TV, radio and in print about migraine and the need to increase research funding, reduce stigma, and increase patient support.

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