



## Sarah Caron

Senior Global Well-being Manager  
IDEXX

Sarah Caron spearheads the development and execution of IDEXX's global well-being strategy, fostering a culture that values holistic wellness encompassing physical health, emotional resilience, social connectedness, and financial wellness.

With a foundation as a Registered Dietitian, Sarah brings a unique blend of expertise in health science and strategy. She holds an MBA in Strategic Management and an MS in Innovation Management and Entrepreneurship, reflecting her commitment to integrating innovative practices into well-being initiatives.

Prior to joining IDEXX, Sarah served as a Registered Dietitian in the United States Air Force, gaining invaluable experience in healthcare delivery, leadership, and performance nutrition.

Sarah's dedication to promoting well-being is underscored by her leadership in award-winning well-being programs that have enhanced employee health and satisfaction across IDEXX.