



Riley Thornton

Benefits Consultant
Corning Incorporated

Riley Thornton serves as a benefits consultant for Corning Incorporated, beginning with the organization in 2022. As a benefits consultant, Riley contributes to the day-to-day operations and execution of a vast health and welfare ecosystem for over 30,000 members nationally.

Riley has a background as registered dietitian and nutritionist, obtaining her B.S. in Nutrition and Dietetics from Auburn University and subsequently completing the Dietetic Internship Program at Vanderbilt University Medical Center. After the completion of the dietetic internship program, Riley began her career in employee wellness, helping employers provide innovative programs to keep members healthy, both in and out of the workplace. She helped manage the employee wellness program for the largest employer in the state of Alabama, driving initiatives to improve health outcomes, increase preventive screenings and provide access to nutrition education.

She has her M.S. in Nutrition Sciences from The University of Alabama at Birmingham, with a concentration in Lifestyle Management and Disease Prevention. Outside of her professional endeavors, Riley serves on the State of Alabama's Office of Women's Health Steering Committee, has a passion for mentoring young professionals and contributing to community initiatives aimed at improving overall well-being.