



Alyson Watson

## Alyson Watson

Founder & CEO  
Modern Health

Alyson Watson is the founder and CEO of Modern Health. Modern Health is the comprehensive global mental health solution offering employees access to one-on-one, group, and self-serve digital resources for their emotional, professional, social, financial, and physical well-being needs - all within a single platform. Whether someone wants to proactively manage stress or treat depression, Modern Health guides people to the right care at the right time. It is backed by investors like Kleiner Perkins, Founders Fund, John Doerr, Y Combinator, and Battery Ventures and has raised more than \$170 million in less than two years, making Modern Health the fastest entirely female-founded company in the U.S. to reach Unicorn status.

Prior to starting Modern Health, Alyson held leadership roles at digital behavioral health companies. She graduated from Johns Hopkins University and has been named to the Forbes 30 Under 30 and Fortune 40 Under 40 lists.