



Mary Groover, MS, RDN, LD

Lifestyle Benefits Manager
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Mary Groover joined the Cox Family as the Lifestyle Benefits Manager in the fall of 2020. As a Registered Dietitian and Certified Corporate Wellness Specialist, she is passionate about total well-being and empowering others to live healthy and purposeful lives. She is an Atlanta native and loves running, traveling, cooking and anything food-related and spending time with her family.