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Rita Meyerson, EdD, is a Principal Researcher in the Human Capital Center, where she leads research and generates insights for members across all facets of human capital management. Her research focuses on organizational change and culture, organizational development, and total rewards and well-being.

Rita is an experienced management consultant, researcher, and educator with deep expertise in organizational strategy, culture and change management. Prior to joining The Conference Board, Rita consulted across industries and geographies to Fortune 100 companies and PE-funded start-up enterprises. Previously, she was a director in corporate communications and human resources at American Express. Earlier in her career, Rita was a change management consultant at Accenture and Willis Towers Watson.

Rita holds an EdD in human and organizational learning from The George Washington University, an MA in industrial/organizational psychology from New York University, and a BA in the biological basis of behavior from the University of Pennsylvania. She also holds a professional coaching certification from the International Coaching Federation.

Publications by Rita Meyerson, EdD

Briefs

- [How CEOs and CHROs Can Navigate DEI Backlash](#)
14 February, 2024

Guide & References

- [Cultivating Connections: Getting Started with Employee Alumni Programs](#)
12 July, 2024
- [How to Create Well-Being Programs That Work](#)
26 April, 2024

Newsletters & Alerts

- [HC Insights: To generate forward momentum, embed well-being in business strategy](#)
22 July, 2024
- [HC Insights: To Make the Case for Well-Being, Focus on ROI](#)
28 May, 2024
- [HC Insights: To navigate DEI backlash, link DEI programs to business priorities](#)
26 February, 2024
- [HC Insights: To adopt pay transparency, develop a compensation philosophy](#)
18 December, 2023

Reports

- [The Reimagined Workplace 2024: Leading in the Transformed World of Work](#)
10 June, 2024
- [The Next Frontier for Employee Well-Being](#)
02 April, 2024
- [Baby Boomers Still Striving](#)
19 January, 2024