



Kathryn Rider

AVP of Benefits & Well-being
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Kathryn Rider is an accomplished HR leader with a proven track record in benefits strategy, employee wellbeing, and global healthcare governance. As the AVP of Benefits & Well-being at The Campbell's Company, she leads initiatives that enhance healthcare accessibility and financial wellness for employees. Kathryn develops and implements large-scale wellness programs, integrated global health strategies, and drives employee engagement in financial and healthcare resources. Passionate about fostering a culture of wellbeing, she is committed to helping organizations create impactful benefits programs that support employees at every stage of their financial and personal health journeys.