



## Sheila Krueger

Head of Global Benefits  
Zoom Video Communications

Sheila is the “People” in “People and Things”. Sheila snuck in the back door of HR through a secret IT passage. After implementing an HRIS for an HR team, she just refused to leave. Thus started a career that has encompassed HRIS, Compensation, Benefits, Wellness, Communication, M&A, and many other aspects of the People Experience life. Currently the Head of Global Benefits at Zoom Video Communications, Sheila works to provide a suite of benefits, based on the Five Pillars of Wellness, to Zoomies that helps them lead their best lives and truly foster the culture of #workhappy. This includes the recrafting of processes as well as implementing creative and useful benefit programs for all, based on the five pillars of wellness. In her spare time, she runs a charity benefiting the unsheltered in Phoenix, spends some time creating paper crafts, and loves to travel.