Access to Experts

Neil F. Gordon, M.D., PhD, MPH, FACC , Chief Medical & Science Officer , Nationwide Better Health

Dr. Gordon is the chief medical and science officer for Nationwide Better HealthSM. In this role, Dr. Gordon oversees performance and outcomes analysis, benchmarking and methodology, clinical development, quality control for clinical standards along with third-party accreditation and evidence-based research. Dr. Gordon is the founder, former chief executive officer and president of INTERxVENT (INTERVENT), before the company merged with Nationwide Better Health in April 2007. He has devoted his career, spanning more than 25 years, to the prevention of cardiovascular disease and other chronic illnesses. Currently, Dr. Gordon is a board-certified physician, serving as the medical director for the Center for Disease Prevention and Management at St. Joseph's/Candler Health System in Savannah, Georgia. He also has a faculty appointment as a clinical professor of medicine at the Emory University School of Medicine in Atlanta. Dr. Gordon served as director of exercise physiology at the world renowned Cooper Institute for Aerobics Research in Dallas for more than six years. He has served as principal investigator for research grants funded by prominent organizations including the American Heart Association, the National Institutes of Health, and the American Diabetes Association. Dr. Gordon is the former chairman of the American Heart Association's Committee on Exercise, Cardiac Rehabilitation and Prevention and is a Fellow of the American College of Cardiology (FACC), the American College of Preventive Medicine (FACPM), the American College of Sports Medicine (FACSM) and the American Association of Cardiovascular and Pulmonary Rehabilitation (FAACVPR). He is the author of eight books on exercise, including a fitness book co-authored by tennis great Jimmy Connors. Dr. Gordon has also authored more than 100 scientific manuscripts in peer-reviewed journals including the American Journal of Cardiology, British Heart Journal, Circulation and Journal of the American Medical Association. Dr. Gordon obtained his M.D. and a Ph.D. in exercise physiology in Johannesburg, South Africa, before relocating to the United States in 1987. He later obtained a master's degree in public health from the University of California, Los Angeles. Leading a life of better health…Dr. Gordon "practices what he preaches" by eating healthy and jogging several miles on most days of the week.

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