



Access to Experts



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Sophie L'Helias is a senior fellow with The Conference Board Governance Center. L'Helias also serves as a Senior Fellow of The Samuel and Ronnie Heyman Center on Corporate Governance and Principal of L'Helias LLC.

Ms. L'Helias has extensive experience advising companies and investors about corporate governance practices and initiatives. She founded the first French consulting firm focused on corporate governance and proxy solicitation strategies and campaigns and has served as a managing director of a New York-based hedge fund, developing corporate governance campaigns in the United States, United Kingdom, France, Switzerland and Germany. Ms. L'Helias was a founding member of the International Corporate Governance Network and has authored over one hundred articles and a book on corporate governance practices in Europe and the United States.

Ms. L'Helias has an MBA from INSEAD and law degrees from the University of Pantheon Sorbonne Law School, the European Institute of Comparative Law of Saarbrücken and the University of Pennsylvania Law School.

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